



Respite @ Byron Care Stay

Respite / STA Accommodation sanctuary for NDIS participants

Be immersed by nature, connect with the community, and expand your horizons.

We offer much more than just respite; we provide a service for one participant at a time. Our restorative escape is designed to enhance your long-term well-being. Achieve your NDIS goals through personalised programs that promote independence, empowerment, and skill-building. Build meaningful connections, engage with the community, and broaden your horizons through enriching, transformative experiences.



Relax and Rejuvenate in a new and refreshing environment, focus on self care, nourishing relaxation and your complete well-being in our home and surrounds of Byron Bay.

Explore and Challenge Discover new interests and hobbies, engage in outdoor activities through Horse Riding, hiking, dolphin kayaking, surfing, snorkelling, whale watching and much more!

Express and Create unleash your inspiration and creativity through art, music, pottery, dance and much more!

Mingle and Have Fun Immerse yourself in the vibrant local culture with visits to markets, music concerts, festivals, and community workshops.

RELAX

EXPLORE

LEARN

GROW



"We are here to meet, and surpass your NDIS goals"

Respite @ Byron Care Stay offers a transformative respite experience designed to empower individuals to lead joyful, healthy lives. Led by Tamika and Jason in their family home—disability support specialists and experienced naturopaths—bringing over 30 years of expertise in healthcare and compassionate care to ensure every guest feels supported and inspired.

Staying at Respite @ Byron Care Stay, you can expect:

- **Unwavering disability care & support**
- **Outdoor activity sessions—both in & out of the water**
- **Nutritious, lovingly prepared meals**
- **Town trips & community engagement sessions**
- **Guidance to help you boost independence & mental health.**

Fully inclusive 1:1 support, private wing of our accommodation, meals, transport and activities are provided.

We also have full internet access and streaming services. **Connect with us today.**



"My experience at the respite was that of a rejuvenating escape. The generosity of my hosts ensured a respite that was not only enjoyable, but also enriching. The feeling of being genuinely cared for left an impression on my heart that will endure".

NDIS participant

"The best, awesomely fantastic. I couldn't have asked for a better Respite. Thank you".

David Wilson **NDIS participant**



Respite @ Byron Care Stay

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